



## A New Model for Dementia & Seniors Care in Calgary



### About Bethany Riverview

Bethany Riverview is Bethany Care Society's newest care centre located in the community of Dover in SE Calgary. It will open in September 2018 and when complete, will include 210-unit, Long-term Care (LTC) centre, of which 120 spaces are for complex dementia care.

70% of long term care residents at Bethany live with some form of cognitive impairment. Through decades of experience, we have developed industry-leading approaches to dementia care. Bethany Riverview is the next step in our work as a recognized leader in this field of care.

Bethany Riverview will be more than a building. It will be a place for caring and connection for seniors, families, friends and neighbours from the surrounding community. We need your help to make this a reality.

Bethany Riverview will be the only care centre of its kind serving southern Alberta. It is part of Riverview Village, which is Bethany's first Campus of Care for seniors. It is designed to support seniors to age in their community - from those living independently to those requiring long term care.



### The Challenge

In less than 20 years, one in five Albertans will be over the age of 65 and the number of people living with dementia is expected to double. Today, there are **13,000** people living with dementia in Calgary.

### Care at Bethany Riverview

Bethany Care Society is the sole provider of highly specialized care for dementia residents in the Calgary Zone. The new Complex Dementia Care (CDC) will offer the same nursing care support and an enhanced resident experience with enhanced training and resident environment.

All staff will participate in a highly specialized training course. This five-day program includes Gentle Persuasive Approaches in Dementia Care (GPA), and P.I.E.C.E.S., which is a holistic, care partner-directed model.





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### Bethany Riverview **Features**

- **Outdoor Spaces** – walkable paths, patios and community spaces for residents and neighbours to enjoy.
- **Indoor Courtyards and Greenhouses** – safe settings to enjoy wandering gardens and places for our residents to grow and tend to plants.
- **Assembly Places** – multi-purpose spaces for music therapy, events, community performances and spiritual services.
- **Friends and Family Features** – a private family dining room for special celebrations and customized mailboxes for messages to be shared from friends, family and caregivers.
- **Specialized Care** – soothing spa rooms and multisensory care rooms designed for the special needs of complex dementia residents.
- **Town Hall-Style Main Floor with Bistro/ Café** – offering dine-in and takeaway nutritious food, a community daycare, hair salon and other services.

### **About Bethany**

Bethany Care Society is one of western Canada's largest not-for-profit providers of health, housing and community services for seniors and adults with disabilities. For over 70 years, we have provided holistic care to ensure the physical, emotional and spiritual well-being of our residents.

All our communities are welcoming, safe and comfortable, but the true differentiator is our quality of care—it's at the heart of all we do. We consider it a true honour to be responsible for caring for others every day.

### **Creating Caring Communities**

It's our expertise in care and a passion that comes to life in every daily interaction we have with over 2,000 people who call Bethany home.

Seventy percent of long term care residents at Bethany live with some form of cognitive impairment. Through decades of experience, we have developed industry-leading approaches to senior care.

We believe all our residents are unique and that's how we treat each person. Relationships are essential and we take a personal approach with each resident and client. We're a place for caring and connection for seniors, families, friends and neighbours from the surrounding community.